

**HAVERTHWAITE**  
**STATION TEAROOM**  
**MENU**

Haverthwaite Station Tea Room  
 Nr. Ulverston, Cumbria LA12 8AL Tel: 01539531594

**Breakfast menu...served from 9:00 —11:30 only**

***Cumberland sausage is infused with our own Fairburn Ale, made exclusively for us by Peter Hutchinson Butchers in Greenodd***

*Local free range eggs are served fried, poached or scrambled  
 toasted sour dough bloomer comes with your choice of butter or sunflower spread*

**Railwayman's Breakfast** **£9.50**

*Local Cumberland sausage, back bacon, sautéed mushrooms, tomatoes, hash browns, baked beans, eggs and a slice of toast*

**Vegetarian Breakfast v** **£9.50**

*Quorn Sausage, falafel, veggie medley (wilted spinach, mushrooms, sundried tomatoes and roasted peppers), hash browns, baked beans, eggs and a slice of toast*

**Gluten free breakfast GF** **£9.50**

*Back bacon, falafel, baked beans, eggs, hash browns, tomatoes, sautéed mushrooms and a slice of toasted 'Genius' seeded bread*

**Vegan breakfast v VG** **£9.50**

*Quorn sausage, falafel, baked beans, hash browns, veggie medley (wilted spinach, mushrooms, sundried tomatoes, roasted peppers) and a slice of Hovis toast*

**'Posh on toast'... £7.00**

***Sour dough bloomer or 'Genius' gluten free seeded bread...***

Back bacon, crushed avocado, eggs GF

Scrambled eggs, smoked salmon GF

Back bacon, wilted spinach\* eggs GF

Falafel, crushed avocado, wilted spinach\* v (VG Hovis)

Quorn sausage, falafel, wilted spinach\* v (VG Hovis)

Hummus, falafel and crushed avocado GF v (VG Hovis)

\*Spinach cooked in coconut oil

**On Toast ... £4.50**

***Sour dough bloomer or 'Genius' gluten free seeded bread...***

Baked beans v GF (VG Hovis bread)

Eggs—fried, poached or scrambled v GF

Sautéed mushrooms v GF

Cheddar cheese v GF

**Toasted ... £2.50**

***2 slices, sour dough bloomer or 'Genius' gluten free seeded bread, with butter, jam or marmalade***

**Soft white or malted grain bap ... £4.50**

Back bacon

Local Cumberland sausage

Quorn sausage v VG

**ADD mushrooms or a fried or poached egg ... 75p**

**v—Vegetarian VG—Vegan GF—Gluten Free**

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**Served from 11:00 to 15:30**

**Homemade Vegetarian Soup ... V GF VG £4.50**

*served with white or brown roll, 'Genius' gluten free seeded bread or garlic bread*

**Haverthwaite Salad Bowl ... £8.95** *Dressed salad, roast ham, grated red Leicester, tuna mayonnaise, Greenland prawns, falafel, served with brown or white roll*

**Exclusive to Haverthwaite Station Tearoom ...**

*Cumberland sausage and burgers are made exclusively for us by Peter Hutchinson Butchers in Greenodd, infused with our own Fairburn Ale*

**6oz Beef burger...£9.25**

*topped with cheese and sautéed onions, served in a soft white bap, with chips and dressed salad*

**Cumberland stack ... £9.25**

*Cumberland sausage topped with breaded onion rings, sautéed mushrooms, served in a soft white bap with chips*

**Deep fried breaded Scampi... £8.95** *with chips and dressed salad*

**Soft white or brown bap ... £7.50** *with homemade vegetarian soup OR chips*

**Or Jacket Potato ... £7.50**

Houmous, falafel and crushed avocado **VG V GF**

BBQ Jackfruit, spinach and cucumber **VG V**

BBQ chicken and mozzarella melt, on a bed of spinach **GF**

Roast ham, Cheddar cheese and tomato relish **GF**

Veggie medley ... spinach, roasted peppers, mushrooms, sun-dried tomatoes, pine nuts **V VG**

Falafel, wilted spinach in coconut oil, crushed avocado with a side of vegan mayo **V VG**

Seafood medley ... tuna mayonnaise, prawns, smoked salmon on a bed of spinach **GF**

Back bacon, brie and cranberry sauce **GF**

Grilled brie, roasted peppers and sun dried tomatoes **V GF**

Birds Eye fish fingers, spinach and cucumber

**'Posh on toast' ... £7.00**

*Sour dough bloomer or 'Genius' gluten free seeded bread...*

Back bacon, crushed avocado, eggs **GF**

Scrambled eggs, smoked salmon **GF**

Back bacon, wilted spinach, eggs **GF**

Falafel, crushed avocado, wilted spinach\* **V (VG Hovis)**

Quorn sausage, falafel, wilted spinach\* **V (VG Hovis)**

Houmous, falafel and crushed avocado **GF V (VG Hovis)**

\*Spinach cooked in coconut oil

**Children's Meals ... £4.95**

*with chips, salad or baked beans and an orange juice carton*

Battered chicken bites

Birds Eye breaded fish fingers

Best back bacon **GF**

Double egg **V**

**Children's 'Lunchbox'... £4.95**

*freshly prepared sandwich, packet of crisps, a piece of fruit and an orange juice carton*

Ham

Cheese **V**

Tuna

Chicken

**Basket of chips ... V GF VG £2.50**

**V—Vegetarian VG—Vegan GF—Gluten Free**

## Drinks

Cafetière of fresh coffee (for 1) £2.50

Pot of Tetley tea for one £2.25

Pot of Tetley tea for two £4.00

Pot of Earl Grey/ fruit tea for one £2.25

J20 Orange & Passion Fruit £2.30

Fentiman's Traditional Brews £2.30

Frobishers Orange Juice £2.30

Fizzy pop (can) £1.50

Fruit Shoot £1.30

Bottle still or sparkling water £1.50

500ml bottle Fairburn Ale (4%) £3.50

18.7cl Bottle of red (12.5% abv)/white (13% abv)/rose wine (10% abv) £3.50

20cl bottle of Prosecco (10% abv) £4.00

Can of Strongbow cider (440ml 5% abv)

Ulversteiner pilsner lager (500ml 4.6% abv) £3.50

## Rijo Drinks

Flat white £2.50

Espresso £2.00

Americano £2.50

Café latte £2.50

Cappuccino £2.50

Latte macchiato £2.50

Mochaccino £2.75

Hot chocolate £2.80 with cream & marshmallows £3.50

*For an extra indulgence add a shot of syrup to your Hot Drink for just 50p more*

*Choose from... Vanilla, Caramel or Cinnamon*

*Or add a shot of liqueur to your favourite hot drink for just £1.50 extra.*

*Choose from... Baileys, Whisky or Brandy*

  
rijo<sup>®</sup><sub>42</sub>  
THE REAL  
Spirit of Coffee



**Please order and pay at the counter**  
credit & debit cards accepted

*All of our meals are freshly prepared to order.*

*During busy periods please accept there may be a slight delay.*

*Please be assured that we will do our very best to get your food to you as quickly as possible.*

*Thank You*



NETWORK NAME: LHR WIFI-OPEN